

3 Reasons for RBBB



- 1. Right Heart Disease** – COPD (smoking history), ILD, PE (right heart strain), congenital (ASD)
- 2. Cardiac Disease** – cardiomyopathy (i.e. ARVC if T wave inversions), bi-fascicular / tri-fascicular disease (RBBB with left axial deviation +/- prolonged PR)
- 3. Idiopathic** – isolated RBBB may be benign with partial RBBB common in healthy young adults (esp. endurance athletes)

Treat the patient, not the ECG! An isolated RBBB does not automatically require an echocardiogram or Holter monitor – interpret & investigate according to the clinical context.